HK & KLN Chiu Chow Public Association Secondary School

# The Chiu Chow Post Student Magazine

ISSUE 1, DECEMBER 2017

# Chiu Chow Power?



The S.2 Star Students pioneer the inaugural school magazine



Former English teacher and MMA Prizefighter Nosh Kahn speaks to CCPASS students

> 6A student Henry Hong -World Jump Rope Champion





HKU cultural studies professor Dr. Winnie Yee reaches out to CCPASS

## The Fighting Teacher

#### By Nosh Khan

### Nosh Khan quit his career as a Hong Kong English Teacher to pursue his dream of ultimate fighting.

Hello Chiu Chow students. My name is Nosherwan Khanzada, Nosh Khan for short. I am a personal trainer and an MMA fighter. I moved to Hong Kong from Pakistan at the age of 10. Pakistan is different in many ways from Hong Kong. There is more nature and bigger houses in Pakistan but it was hard for my family to make a good living. So my family decided to migrate to Hong Kong in hopes of a better future.

In my adulthood, at first I wanted to play



basketball as a profession but I was too short. Then I started gaming. I would play a lot of computer games in hopes of becoming a professional gamer one day. But that didn't last too long. Afterward, I became a part time English teacher. I didn't like teaching much, as in most schools the focus is based on getting people to memorize answers. As a teacher in Hong Kong I felt that there was more emphasis on students memorizing course work rather than enjoying the learning process. I always wanted to pursue other things in life rather than have a 9 to 6 daily, anyway.



Later I was introduced to martial arts. Since childhood, I was always overweight so I thought it might be a good idea to try it out. I was 127kg at my heaviest and as my interest grew, I was thinking about competing in professional bouts. But the problem is that I am in Asia and there aren't a lot of heavyweights to fight in Asia. If I really wanted to pursue my dream, I had to lose weight to be able to compete. I started training hard every day.

I quit teaching English and now focus 100% on my training. Of course, I have people that help me like my coach Rodrigo Caporal and my teammates at Espada Studio. It was a gamble to quit teaching English but it paid off because I refuse to give up. I train everyday & teach martial arts now. Because of fighting, I get a lot of opportunities. I get to travel the world, meet new people and try new

food. It's an adventure every time. I wake up every day and do what I love to do. I wish more people in Hong Kong would opt to chase their dreams instead of playing it safe and doing what everyone else does. If you have talent for something, it is best to use it rather than waste it. www.espada.hk

# **STUDENT FIGHT!**

This month two students argue about the quality of the school canteen.

#### Get Rid of It

#### By Fung Shuk Cheung Margaret 2A (7)

I am going to review our school's tuck shop, Cherry's Tuck Shop. Among the many different types of cuisine they sell, the most popular items are siumai, Indomie noodles and sandwiches. The tuck shop also sells hotcakes which students generally buy as well. The prices range from \$5.50 to \$8.50 for any number of choices respectively. There is also a diversity of drinks like chocolate milk, apple green tea, lemon tea and



JuFeung (a type of grape juice). The drinks range from \$4 to \$6 respectively.

Although the price is reasonable for us, there are some problems in terms of service. In my opinion, the service is as slow as a snail. Combined with the lack of discipline of the students, the queuing is also confusing. We always come away empty. Even if we didn't buy anything, we waste a lot of time waiting in the queue. In fact, according to a survey, we are waiting for things that are not tasty at all. For example, those potato cakes are not made from real potatoes but made with flour. They make you feel nauseous. It's not worth it. To top it off, the tuck shop seating is uncomfortable and there is no air conditioner and heater. The long and short of it is to get rid of it! That's my opinion about the school's tuck shop.

#### What a Wonderful School Canteen By Kevin Mo 2A (24)

The school canteen, Cherry's Tuck Shop, is a nice place for teachers and students to purchase some delicious food. Eating at the school canteen is a fantastic choice because there are a lot of various foods for us to choose from such as sandwiches, fried chicken and fish burgers. Besides, compared with some shops outside, the school canteen's food is checked carefully and seriously by the school inspectors. So we can rest assured that the quality is good. Also, it is more convenient for us to eat at the canteen at school. Nowadays many students don't have enough time to have breakfast at home or to eat outside of the school. That's bad for students because then they don't have enough spirit to learn in the classroom. The school canteen can ensure that they have breakfast.

Furthermore, eating at the school canteen is very cheap. Compared with the outside, the school canteen's food is cheaper. There is no doubt that this will economize a myriad of living expenses for the teachers and students. Finally, the school canteen doesn't close until after six. It is handy for students to eat at the canteen when they are hungry and have to stay after school. The conclusion is that the school canteen is wonderful.



HEADSTART GROUP

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Co-organizers :



# Headstart Cup Hong Kong Inter-Secondary School Scrabble Championship

Hong Kong Scrabble Players Association

### **OBJECTIVE :**

"Headstart Cup" aims to provide a platform for secondary school. Scrabble players to play competitively and to foster friendship through playing this meaningful and famous word game. This competition can also enhance students' language skills and spelling ability.

3<sup>rd</sup> March 2018

#### ♦ DATE:

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- TIME:
- CATEGORIES:

♦ APPLICATION FEE:

♦ VENUE:

9:00 - 18:00 Group A - Masters Group B - Novice School Hall, TWGHs Wong Fut Nam College, 1C Oxford Road, Kowloon Tong, Hong Kong FREE

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 DEADLINE FOR ENROLLMENT : 30<sup>th</sup> November 2017 (First Come First Served)

\*Certificate of Participation will be awarded to all participants



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Find more details on: Q Headstart Group GO

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in Q HK Scrabble

## The Most Amazing Spiderman Movie Review

By Daniel Ku 2A (21)

I am a superhero movie fan. I like all the superhero movies. So I want to share an amazing movie from 2014, *The Amazing Spiderman* 2. 2017's *Spiderman Homecoming* is the most recent installment of the Spiderman franchise but the previous Spiderman series shouldn't be overlooked or forgotten.

My favorite superheroes are Spiderman, Batman, Dead Pool, Captain America and Black Panther. But Spiderman has always been unique to me. Compared with the other characters who are billionaires, aliens or genetically modified humans underneath; Spiderman is really just a normal,



geeky and average person when he's not wearing a costume.

The first *Amazing Spiderman* in 2012 was a bit darker, while *The Amazing Spiderman* 2 retains some of that edge but adding more enthusiasm and "pure comic book joy". This time, Peter Parker played by *Andrew Garfield*, the man behind Spiderman, has to protect New York City from the villain Electro, an electrical engineer who is transformed into a living electricity generator in an accident. Meanwhile, Parker struggles with his relationship with girlfriend Gwen Stacy played by *Emma Stone*, whom he has sworn to keep out of harm's way.

You may imagine there to be many action sequences and visual effects. Yes, *The Amazing Spiderman* 2 is exciting and visually delightful, thanks to the fights and special effects. But first and foremost the film is concerned with emotions and lives. It's a romance and a family drama and a comedy, as much as it's a superhero film. That's what Spiderman was always like in my mind. The best thing about *The Amazing Spiderman* series is Peter's everyday life and the lives of the regular people around him. And this film gets all of that right.



By Pelmo Namgay Wangchuk 2A (13)



Today I want to introduce a new K-pop song to you. Maybe, you guys reading this think that I want to introduce a romantic tune or some old stuff that your grandma would like. But I want to present a new *boy band* from Korea that is taking the world by storm. Let me introduce to you the legends known as *BTS*. Their most memorable song is *Young Forever*, produced by Big Hit Entertainment. Why is this song so great? It is great because the lyrics are very inspirational.

The most memorable lyrics of the song are (꿈 희망 전진 전진), (넘어져 다치고 아파도 끝 없이 달리네 꿈을 향해) and (나리는 꽃잎비 사이로 헤매어 달리네 이 미로)

The English translation of these lyrics, "dreams and hopes, move forward-forward; even when I fall and hurt myself I keep running toward my dream. Under the flower petals raining down, I run, so lost in this maze." These lyrics tell us that even when we are facing huge problems and obstacles, we need to realize our dreams in our life. It will be a difficult challenge, but you need to step across these problems. Although our classmates, relatives or parents may tell us to give up on our hopes, don't ever stop moving forward. If we follow our dreams, we will succeed one day.





# **My Favorite Actress**

By Vanessa Zhang 2A (16)

My favorite actress is Emma Watson. She was born in Paris, France on April 15, 1990, and she grew up in Oxford England. She is a British actress, model and social activist now. You must be very curious to know why she is my favorite actress. Let me tell you why!

As everyone knows, she played 'Hermione' in the Harry Potter series. But I like her not because of this movie, my admiration of her is based on an article I read about her. Before I read the article about her life, I thought of her only as the clever and lovely girl in the Harry Potter movies. That's how most people remember her. I thought the same until I saw that article.

The article says that Emma Watson is not only *Hermione* but she is also a *queen*. She is a queen because she is a thoughtful feminist who fights for equality for women the world over! She also has both beauty and wisdom too. Prince Harry had therefore tried to woo her but she refused. When most people heard about this, they all said it was unbelievable! But she said 'To be a queen, one doesn't have to marry a prince!' It is evident

from this incident that she is a person who is indifferent to fame and fortune and is self-reliant.

In addition, she is also a feminist. She is always proud of her feminist convictions. Her early experiences informed her decision to be very strong in her beliefs. When she felt discriminated against because of her gender, she started to think about equality between men and women. On March 8, 2014, International Women's Day, Emma conducted a live Q&A about gender equality. Simply put, she said, 'If you stand for equality, you're a feminist.'

Emma Watson is a confident and successful woman. I admire her very much. I hope this magical young woman continues her success.





l\*\* prize - \$900 coupons + trophy

4 other team prizes

3 individual prizes - \$200 coupons

Teams of 4-6 create and perform a 4-5 minute improvised English drama. Team members can be from any form.

NET Section, CDI, EDB

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See your English teacher now for more details or visit the EDB website http://www.edb.gov.hk/net/enet/speakoutactup

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# MEET THE NETS



### Mr. James Thomas Holm

Hello, my name is James Thomas Holm, but I guess you all know me as Mr. Thomas. I am half English and half Swedish and I speak 4 different languages. I love to play table-tennis, hiking, swimming and eating new exciting types of food. This is probably why I love Hong Kong so much.





### Mr. Juan Gonzalez

Hey, my name is Juan Gonzalez, but you all know me as Mr. Jay. I was born in the Dominican Republic and raised in Brooklyn, NY. My desire for higher education led me to getting Engineering Degrees. Now I am an English language professional living my life on the other side of the world and I love it!

### Mr. Fernando Linn

My name is Fernando Linn but you can call me Mr. Linn. I am from Tucson, Arizona, USA. I am also a husband and a father. My wife Cecilia is a native of Hong Kong and I have a baby son named Emilio. I earned my BA in History from the University of Arizona and my MA in Cultural Studies from the University of Hong Kong. I have been teaching English in Hong Kong for over ten years. I am very proud to have coached my students to 13 EDB English Drama prizes from 2014 to 2017.



## Video Games Are Good For Students



By Peter Yam 2A (28)

Video games are clearly a popular form of entertainment, but many parents and teachers consider playing video games bad for teenagers. Even though now, many experts of education insist that playing video games might actually be good for students.

A good video game is challenging, entertaining and complicated. To finish one, it usually takes 80% or 90% concentration. If kids can't concentrate at school, let them play a good video game. It might help them improve. Some misconceptions might give

wrong information that video games are interactive in nature. Players can't just sit and watch. They get to participate in the action and solve problems. Some games even allow players to make changes in the game, allowing new possibilities.

Video games can enhance reading skills too. In the game *Animal Crossing*, for instance, players become characters who live in a town full of animals. Over the course of the game, you can buy a house, travel from city to city, go to museums, and do other ordinary things. All the while, you're writing notes to other players and talking to the animals. Because kids are interested in the game, they often end up reading at a level well above their grade, even if they say they don't like to read.



# CCPASS Students Interested in Comparative Literature & Cultural Studies

Dear HK & KLN CCPASS students,

Do you know what do these three people/characters have in common?

McDull, Eileen Chang, Wong Kar-wai



They all love literature, cinema, and culture! How about you?

My name is Dr. Winnie Yee, a faculty member in the Department of Comparative Literature at the University of Hong Kong. In my

department, we study other cultures to better understand our own. We read culture by

analyzing literary texts and other forms of writing, films, and other socio-cultural phenomena, from the city and its multiple spaces and communities to the media and popular culture, and in a range of national and international contexts. We look for students who love to ask questions, to explore possible answers, and more importantly to learn to live in the suspense of not knowing. As you progress in our major, read a range of theoretical, literary and filmic texts and participate in all forms of original research and creative activity, you will be exposed to new ideas and alternative ways of thinking. At Comparative Literature, our purpose is to know more, to understand more, so we can make the world a better place!

Are you ready to undertake this intellectual adventure with us?



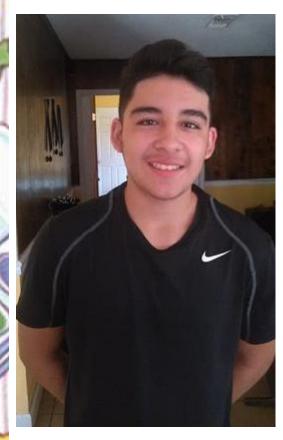
Winnie Yee, Ph.D. Assistant Professor Programme Coordinator, MA in Literary and Cultural Studies Department of Comparative Literature University of Hong Kong

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# Growing Up in America

#### By Marcos Linn - Grade 10 (S.4) - Mobile, Alabama, USA

My name is Marcos Linn and I live in Mobile, Alabama, USA. I am 16 years old and in Grade 10 (S.4). Life here is much slower compared to Hong Kong. People take their time to do things and never rush. Local shops close around 7 or 8 o'clock and I go to bed at 9 o'clock every night. Mobile is very rural so our houses and land property are very big compared to the houses within a compact



city. So I can ride my four wheel motorcycle in the mud in my large backyard after school.

I go to Theodore High School which is a good school. I get math homework every day but I never get homework from other classes. I play soccer-football for the Theodore High School "Bobcats" too. I scored 7 goals and had 8 assist last season. My biology class is my favorite and the canteen offers good food like frozen yogurt, gumbo, cheese steak sandwiches, cinnamon buns, corndogs and fried chicken with biscuits. Do you eat the same things in Hong Kong?

Theodore High School did have some problems last year. There were some fist fights on campus and people smoking in the bathrooms, but this year the students are much more disciplined. I always stay away from trouble, thanks to my big brother Fernando and my parents. They always told me to stay away from drugs and to pay attention in class. I want to go to either the University of Arizona or the University of California-Los Angeles (UCLA) one day.

Being a Latino in Alabama is pretty cool. I am Mexican-American so the food that my mom and dad cook is amazing. They make special Mexican dishes like *enchiladas*. *Enchiladas* are made with rolled corn tortillas stuffed with melted cheese and covered in chili sauce. I love different types of Latin music too like *banda* music. *Banda* music sounds similar to a Polish or German polka. I love it. My life in Alabama is amazing and I'm happy to be here. I hope that one day that I can visit and meet all of you at *HK & KLN Chiu Chow Public Association Secondary School*, and play basketball and soccer with you. Also be nice to Mr. Linn because he is my big brother and my favorite teacher.

# JUMPING FOR GLORY

### By Henry Hong (6A)

When it comes to the growing sport of *jump rope*, many people in Hong Kong are beginning to appreciate it. It is entertaining and competitive making rope skipping all the more popular. In 2015, jump rope was finally recognized as an official sport by the *Sport Accord Asia-Pacific Headquarters*. Now *jump rope* is recognized as a legitimate sport!

The first time I watched a rope skipping performance, I thought it was the most amazing sport I had ever seen. I wondered how people could jump so high and do unbelievable multiple flips. They could fly like the birds. My interest





was aroused by the performance so I join the school team. That is when I met my coach Sam Leung. He taught me lots of jump rope tricks and encouraged me to join competitions. My first competition was the *Double* Dutch Contest in Shanghai in 2014. My team got the third runner up trophy. It was a significant experience that not only widened my horizons but it reinforced my determination to be one of the best jump rope athletes. In 2015, I became one of the members of the Hong Kong team. In 2016, on behalf of Hong Kong, I participated in the World Jump Rope Championship in Portugal. My favorite event is the Single Rope

*Freestyle*. The competition was keen. The United States as well as Canada was really good at gymnastics skills. I remembered that jump rope freestyle emphasizes the jumper's body gestures. With the determination to obtain an outstanding result, I was devoted to perfect my moving gestures in front of the mirror. Finally, **I won the World Championship in the** *Single Rope Freestyle Event* and the *Speed Jump Event*. I also achieved a

professional elementary jump rope coach certification that year. In 2017, I was selected to be a member of the training camp staff at the *World Jump Rope Camp* in the United States and exchanged techniques with jumpers all around the world. Recently, I earned 2nd runner-up in the *Double Dutch Freestyle Event* at the *Grand Asia Jump Rope Championship* in Hong Kong this last summer, 2017.

Success is not a sure thing for me. Training is a bitter pill to swallow. As a member of the Hong Kong team, we have to work out 3 days per week and 3 hours in one training session. After training, my hands and legs always involuntary shake. In addition, athletes easily get injured when they try to enhance their performance. Unfortunately, once I did a front flip in an attempt to create a new trick, I injured my left foot by landing on it incorrectly. The doctor told me that I could



not do any flips for 6 months. Actually, I have difficulty doing any flips after the injury. I have been troubled by the injury and physical impact. Eventually, I overcame my fear with the encouragement from my teammates and friends. The new front flip trick that I tried when I got injured has become my signature move; and I have created lots of new variations of it. It gives me great satisfaction and pleasure doing jump rope. There is but one secret to success-*never give up*.

In the future, I am going to groom young students for competitions in the hope of boosting Hong Kong's international profile. I hope that I can also continue to advance my professional career and give a fresh impetus to jump rope culture.

I hope that you will love and enjoy the sport of jump rope. You are welcome to join our school jump rope team. I will be there at CCPASS every Saturday.



### AROUND CAMPUS



**Doris Chan** 3A (1) *(left)* and **Hidy Tsang** 3B (12) entered the 2017 *The Speaker Contest*. They each performed an individual video presentation about connecting with the world.



The winners display their gold medals. *Sports Day* at *Sheung Shui Po Sports Ground* October 12, 2017.



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Next Issue of *The Chiu Chow Post*: Crystal Cheung 2A (5) writes about if students should have to pay to sit at public exams.



# English Award Scheme

Earn Points - Win a Prize - Remember to speak English with the NETs to earn chops for a prize.

English Corner Activities		
a)	support any activities in the English Corner	5 points
b)	actively speak in English in the English Corner	5/10 points
Daily Performance		
a)	read text in class	5 points
b)	participate actively in oral lessons	5/10 points
c)	speak to teachers in English in between classes, before school and after school	5/10 points
Extracurricular Activities		
a)	attend extracurricular English activities such as drama, debate, film, English Society, Scrabble etc.	5/10 points
b)	unscheduled individual presentation & discussion practice with teacher	5/10 points
c)	Speech Festival & other speech contests practice with teacher	5/10 points
d)	host or perform in English assemblies, participate in interscholastic and interclass English competitions & joint activities	15 points
e)	receive at least a merit or higher in interscholastic English competitions	20 points





